

ARZ
Sandwich Pita
99¢/ea



3.99
ARZ
Cream Cheese
200g




**PROUDLY CANADIAN
OWNED & OPERATED
SINCE 1989**
Look for Symbols In-store.

NEW! ARZ CHEESE MADE WITH 100% CANADIAN MILK



Local
Hot Deal Halal
Frozen Turkey

3.89
/lb

QOBA
White / Brown
Afghani Bread
600g
1.79
/ea



NEW
ARZ
Balkan Yogurt 5.9%
1.8kg
5.99
/ea
Save \$2



Local
Hot Deal Lamb Shoulder
11.99
/lb

WEEKEND DEALS
September 19 - 21 2025

ARZ
Tahina
907g
5.99
/ea
Save \$3



NQT
Canola Oil
3L
6.99
/ea
Save \$3



Hot Deal

ARZ
Extra Virgin Olive Oil
2.85L
29.99
/ea
Save \$15



Hot Deal

ARZ
Selected Cheeses
400g - 480g
8.99
/ea
Save Up To \$4



KRINOS DORIC
Macedonian Feta
3Kg

34.99
/ea
Save \$19



Hot Deal
KARAM / TAJRISH
Basmati Rice
4kg - 10Lb
9.99
/ea
Save Up To \$7



VITAL-V
Brown Medium Eggs
30pk
11.99
/ea
Save \$4.50



KARAM
Regular / Baladi
Vegetable Ghee
1.7Kg
7.99
/ea
Save \$7



PRODUCE

More Deals In-Store



Hot Deal

99¢
/lb
Green Zucchini
Product of Canada



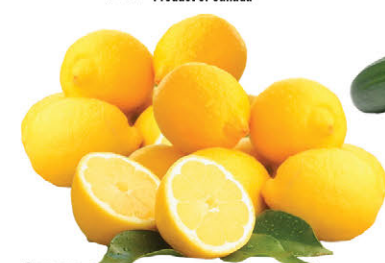
13.99
/ea
Figs Black Tray
Product of Greece



1.29
/lb
Royal Gala / Golden Delicious
Apples
Product of Canada




Celery
Product of Canada
2 for 3
Or \$1.99 Each



Lemons
Product of USA
10 for 4.99
Or 69¢ Each



99¢
/lb
Flat Green Cabbage
Product of USA

1.49
/lb
Clementine Loose
Product of Morocco



Green Onions
Product of USA
2 for 1.49
Or 89¢ Each



99¢
/ea
Curly / Plain Parsley
Product of Canada





CAFÉ & PACKAGED DEALS

Prepared In-Store

23⁹⁹/ea ARZ
Ouzl Rice with Beef & Chicken
1.5Kg

28⁹⁹/ea ARZ
Chicken Alfredo Pasta
1.5Kg



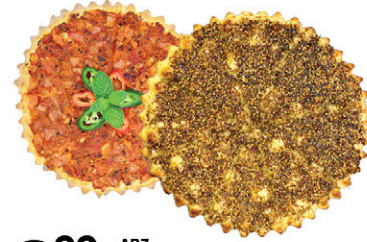
9264 - ARZ Chicken Shish Taouk Platter
Chicken 1200 g, Vermicelli Rice 750 g, Harra
Potato 750 g, Hummus 200g, Garlic Paste
200g, 3 Spicy Pita Bread, Grilled Onions,
Tomatoes, Jalapenos, Onion Parsley
Sumac Mixture 100g.
Serves 6-8 ppl

69⁹⁹/ea



9207 - ARZ Large Kebab Platter
8 Beef Kafta, 4 Chicken Shish Taouk, 4
Beef Kebab Skewers, 4 Lamb Koubideh,
Grilled Spicy Pita Bread, Garlic Paste
200g, Hummus 200g, Vermicelli Rice,
Grilled Veggies, Potato Harra.
Serves 8-10 ppl

99⁹⁹/ea



2⁹⁹/ea ARZ
Pizza
(Zaatar / muhamara)



17⁹⁹/ea ARZ
1 Shish Taouk Plate
+ 1 Free Pop



5⁹⁹/ea ARZ
Kafta Sandwich



29⁹⁹/ea ARZ Flat Chicken Family Platter
1 Chicken, Rice 500g or Spicy
Potatoes 500g With Chef Selected
Salad & Garlic Sauce 4oz.



BAKERY



Made Locally Arz Bakery

ARZ
Tiramisu
Cake 10"

4 off
/ea



ARZ
Tuxedo
Cake 8"

33
/ea
Save \$3



ARZ
Round Fruit
Tart 10"

29⁹⁹
/ea
Save \$10



ARZ
Gourmet Baklava
600g

22
/ea
Save \$2



ARZ
Fancy Sable Cookies
10pk 600g

15⁹⁹
/ea
Save \$2



ARZ
Date Finger
Cookies
400g

ARZ
Zaatar Sticks
400g
8⁹⁹
/ea



ARZ
Lemon Round Cake
750g

12⁹⁹
/ea
Save \$2



ARZ
Coconut Macaroon
400g

7⁹⁹
/ea



ARZ
Mediterranean
Breakfast Cookies
400g

8⁹⁹
/ea



ARZ
Lotus Cup

5⁹⁹
/ea



ARZ
Walnut Bites
Baklava
200g

4⁴⁹
/ea



FROZEN & SEAFOOD



AL SAFA
Selected Breaded
Chicken
400g - 500g - 600g

6⁹⁹
/ea
Save \$3



APNA
Selected Samosa
550g - 660g

4⁹⁹
/ea
Save \$2

Local

ARZ
Chicken / Beef
Shawerma
500g

14⁴⁹
/ea
Save \$2.50



KRINOS
Selected
Mini Rolls
454g

4⁴⁹
/ea
Save \$2.50



MINA
Mozzarella Stuffed
Chicken
568g

8⁹⁹
/ea
Save \$5



GROCERY

ARZ
Figs Jam
760g

2⁹⁹/ea
Save \$4



ARZ
Tomato Paste
1375g

6⁹⁹/ea
Save \$3



ARZ
Selected Fava Beans
/ Hummus Dip
400g

4for5



MAGGI
Chicken Cubes
24x21g

4⁹⁹/ea
Save \$2



SIELSKI'S
Pete Dill Pickles
1L

3⁹⁹/ea
Save \$2.50



KRAFT
Selected BBQ Sauce
455ml

FIVE ROSES /
ROBIN HOOD
Selected Flour
1Kg

2⁹⁹/ea
Save Up To \$2



MECHAALANY
Selected Pickled
1L

5⁹⁹/ea



LOCKER
Selected Wafer
220g - 250g

4⁹⁹/ea



MARMARABIRLIK
Kuru Olives 3XS
800g

8⁹⁹/ea
Save \$2



HAMWI
Plain Coffee Pure
450g

11⁹⁹/ea
Save \$3



ULKER HALLEY
Selected Biscuits
236g - 240g

2⁹⁹/ea



PAPADOPOULOS
Selected
Butter Biscuits
225g

99¢/ea



JUHAYNA
Selected Juice
1L

1⁹⁹/ea



FRUITI-O
Selected Juice
2.1L

4⁹⁹/ea



BEYPAZARI
Mineral Water
6x200ml

3⁹⁹/ea
Save \$2



YASSIN
Sukkin Dates
1Kg

5⁹⁹/ea
Save Up To \$7



DAIRY & REFRIGERATED

KARAM
Jameed Soup Starter
1kg

8⁹⁹/ea
Save Up To \$6



PUCK
Creamy Cheese Spread
500g

9⁹⁹/ea
Save \$5



TAHSIN / SOLMAZ
Mild / Hot
Sojuk
350g

7⁹⁹/ea
Save \$5



KRINOS
Traditional / Cow & Goat
Feta Cheese
3Kg

44⁹⁹/ea
Save Up To \$15



ARZ
Jalapeno Labneh
/ Tzatziki
200g

2⁹⁹/ea



WOOLWICH
Selected
Goat Cheese
113g

3⁴⁹/ea



KING
Cottage / Malawi /
Fayoumi Cheese
750g

21⁹⁹/ea
Save \$3



KRAFT
Cheddar Cheese 190g

KATILO
Fresh Cream 250g

LA HOLLANDAISE
Cheese 24pk 360g

4⁹⁹/ea
Save Up To \$3





MEAT FRESH MEAT & CHICKEN HALAL BY HAND



Local

ARZ Chicken Shish Taouk Red

7⁹⁹/_{lb}



Local

Chicken Breast Cubes

8⁴⁹/_{lb}



Local

ARZ Chicken Souvlaki Thigh

5⁹⁹/_{lb}



White Cow Feet

3⁴⁹/_{lb}



Local

Veal Chops

10⁴⁹/_{lb}



ARZ Beef & Lamb Merguez

7⁴⁹/_{lb}



Beef Strips

9⁹⁹/_{lb}



Local

Chicken Legs (Back Attached)

2⁵⁹/_{lb}

NUTS & COFFEE



Unsalted Peanuts

1¹⁹/_{/100g}



BBQ Pisachlo

3²⁹/_{/100g}



ARZ Black Melon Seeds

1³⁹/_{/100g}



Salted BBQ Almonds

2⁸⁹/_{/100g}



Roasted Kernel Cashew

3⁴⁹/_{/100g}



Dried Sliced Kiwi

1⁸⁹/_{/100g}

DELI

Freshly Served



ARZ Sliced Olives With Walnuts

1⁹⁹/_{/100g}



MASTRO Prosciutto Cotto

1⁵⁹/_{/100g}



Dodoni Greek Feta Cheese

4²⁹/_{/100g}



KRINOS Jumbo Kalamata Olives

1⁷⁹/_{/100g}



GALBANI Provolone Cheese

1⁸⁹/_{/100g}

Save \$1.30/100g



ARZOMANIAN Regular / Hot Beef Mortadella

2³⁹/_{/100g}



STORE HOURS



MONDAY - FRIDAY
SATURDAY
SUNDAY

8:30AM - 9:00PM
8:00AM - 9:00PM
8:00AM - 8:00PM

PRICES ARE EFFECTIVE FROM
SEPTEMBER 19-25 2025



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